

## Georgia Family Planning (GFP) Planning 4 Healthy Babies (P4HB)

### What is Planning for Healthy Babies (P4HB)?

Planning for Healthy Babies (P4HB) is a program that is effective February 1, 2011 and provides no-cost family planning services to eligible women in Georgia. It also provides women who have delivered a very low birth weight (VLBW) baby with inter-pregnancy care services, which include primary care, substance abuse treatment and a case management, including Resource Mother outreach.

### Who is Eligible?

Planning for Healthy Babies is a voluntary program that covers family planning services for women ages 18 through 44 who meet monthly family income limits and **do not** receive Medicaid. These women must also be:

- U.S. citizens or persons with qualified proof of citizenship
- Georgia residents
- Not pregnant
- Able to have a baby (have not had a tubal ligation or hysterectomy)

### Who should I refer to the program?

Providers are encouraged to refer women to the P4HB Program who have delivered a VLBW infant to determine if they would be eligible to participate in the Interpregnancy Care or Resource Mother Outreach program components. Providers will be required to complete the necessary forms confirming that the woman delivered a VLBW baby.

### Where can members get more information about the program?

- [www.dch.georgia.gov/p4hb](http://www.dch.georgia.gov/p4hb)
- [Planning4healthybabies.org](http://Planning4healthybabies.org)
- 877-P4H-B101 or 877-744-2101
- Local Public Health departments
- Department of Family and Children Services (DFCS)
- Office of Quality, Performance, Quality and Outcomes at (404 463-5041)

### How can I help my members apply?

Members can apply online at [www.Planning4healthybabies.org](http://www.Planning4healthybabies.org)

They can also obtain applications at their local:

- Public Health Departments
- Department of Family and Children Services (DFCS)
- Or request to have one mailed directly to them by calling **877-P4H-B101** (877-744-2101)

Completed applications and required documents should be faxed to **888 744-2101** or Mailed to:

Planning for Healthy Babies  
Post Office Box 1810  
Atlanta, GA 30301-1810

### What Family Planning services are covered?

- Family planning initial exam and annual exam
- Contraceptive (birth control) services and supplies
- Follow-up family planning visits
- Pregnancy tests and pap smears
- Testing, medicine and follow up for sexually transmitted infections found during the family planning exam (does not include HIV/AIDS and hepatitis)
- Counseling and referrals to social services and primary health care providers
- Tubal ligation (sterilization)
- Family planning pharmacy visits
- Vitamins/folic acid
- Select immunizations for participants ages 19 and 20. Participants age 18 receive vaccines at no cost

### What Inter-pregnancy care (IPC) services are covered?

All family planning services, as well as the following:

- Primary care (5 office/outpatient visits)
- Management and treatment of chronic diseases
- Substance abuse treatment
- Case management including Resource Mother outreach
- Limited dental services
- Prescription drugs for the treatment of chronic diseases (non-family planning)

### What is the Resource Mother Outreach component of the program?

Women served under the IPC component of the P4HB Program and women enrolled in other Medicaid programs who have delivered a VLBW baby on or after January 1, 2011 be assigned Case Manager and a Resource Mother. WellCare Resource Mothers will assist nurse case managers with the following:

- Increase P4HB Participants' adoption of health behaviors such as healthy eating choices and smoking cessation;
- Support P4HB Participants' compliance with primary care medical appointments, including assisting with arranging non-emergency medical transportation;
- Assist mothers of VLBW babies to obtain regular preventive health visits and appropriate immunizations for their child;
- Support P4HB Participants' compliance with medications to treat chronic health conditions
- Assist with coordination of social services support; and,
- Assist with linking mothers to community resources such as the Special Supplemental Nutrition Program for Women, Infants, and Children.

### Who do I refer women enrolled in Family Planning to for primary care services?

The Georgia Primary Care Association maintains a list of providers who are available to provide primary care services to the Family Planning Only P4HB Participants.

Women enrolled in the IPC of the P4HB Program will have an in-network provider for all primary care services. Additional medical and/or specialty services outside of a PCP or Family Planning Visit Services are a non-covered benefit. Members may call the Healthy Mothers, Healthy Babies Powerline for additional assistance; 1-800-822-2539, Monday - Friday 8am to 6pm

### What is my role as the PCP to women enrolled in the IPC component of the waiver?

The PCP is responsible for supervising, coordinating, and providing all Primary Care to each assigned IPC Demonstration Participant. In addition, the PCP is responsible for:

- Coordinating and/or initiating referrals for non-CMO paid or provided specialty care,
- Maintaining continuity of each IPC P4HB Participant's health care and maintaining the IPC P4HB Participant's Medical Record, which includes documentation of all services provided by the PCP as well as any specialty services.

### Preconception Care

Preconception care is the primary prevention of maternal and perinatal morbidity and mortality. By promoting the health of a woman prior to conception, reproductive health and pregnancy outcomes can be improved.

Materials and Forms for a Preconception Care toolkit may be downloaded as PDF files from:  
<http://fpm.emory.edu/preventive/research/projects/index.html>

### Who should members contact with questions?

WellCare has a separate Customer Service line to support this program. Call 877-379-0020.