

CNS STIMULANTS (ATTENTION-DEFICIT/HYPERACTIVITY DISORDER (ADHD) MEDICATIONS)

PREFERRED	Duration of Action (hrs)	Usual Dosage Range	Comments/Suggestions
Short-acting			Recommended Screening Tools <ul style="list-style-type: none"> ADHD Rating Scale-IV Conner's Rating Scales-Revised (CRS-R) Child Behavior Checklist (CBCL) Adderall XR can be sprinkled for ease of administration in young members
<i>amphetamine mixed salt</i> (generic for Adderall)	4–6	2.5–40 mg/day	
<i>dextroamphetamine</i> (generic for Dexedrine/Dexrostat)	4–6	2.5–40 mg/day	
<i>methylphenidate</i> (generic for Ritalin)	3–5	10–60 mg/day	
Intermediate-acting			
<i>dextroamphetamine ER</i> (generic for Dexedrine Spansules)	6–8	5–40 mg/day	
<i>methylphenidate ER</i> (generic for Ritalin SR)	3–8	10–60 mg/day	
Long-acting			
Adderall XR	8–10	10–30 mg/day	
Concerta	10–12	18–72 mg/day	

ANTIDEPRESSANTS

PREFERRED	Initial Dose	Usual Daily Dosage	Comments/Suggestions
SSRIs (Selective Serotonin Reuptake Inhibitors)			Consider use of rating scales to assess severity of illness. Recommended scales include: <ul style="list-style-type: none"> Hamilton Rating Scale for Depression (HAM-D) Beck Depression Inventory (BDI) Yale-Brown Obsessive Compulsive Scale (Y-BOCS) Generic MAOIs, TCAs and <i>trazodone</i> are also available as preferred agents
<i>citalopram</i> (generic for Celexa)	20 mg	20–60 mg	
<i>fluoxetine capsules</i> (generic for Prozac)	10–20 mg	20–80 mg	
<i>paroxetine</i> (generic for Paxil)	10 mg	20–60 mg	
<i>sertraline</i> (generic for Zoloft)	25–50 mg	50–200 mg	
SNRIs (Serotonin-Norepinephrine Reuptake Inhibitors)			
<i>venlafaxine</i> (generic for Effexor)	25 mg BID	75–225 mg (divided BID)	
Other Antidepressants			
<i>bupropion/budeprion SR</i> (generic for Wellbutrin SR)	150 mg	150–400 mg	
<i>bupropion/budeprion XL</i> (generic for Wellbutrin XL)	150 mg	150–450 mg	
<i>mirtazapine</i> (generic for Remeron)	15 mg	15–45 mg	<i>mirtazapine</i> is available generically in an orally disintegrating tablet (please reserve for members with swallowing difficulties)

ANTIPSYCHOTICS

PREFERRED	Initial Dose	Usual Dosage Range	Comments/Suggestions
Second-Generation (Atypical)			<p><i>risperidone</i> also available generically in liquid and orally disintegrating tablets (please reserve for members with swallowing difficulties)</p> <p><u>Risperdal Consta</u>: Steady state reached after 4 injections; consider for members with adherence difficulties. Prior authorization required.</p>
<i>risperidone</i> (generic for Risperdal)	0.25–1 mg BID (depending on indication)	0.5–6mg daily or divided BID	
Second-Generation (Atypical) – Long-acting injections			
Risperdal Consta	12.5–25mg every 2 weeks	12.5–50mg every 2 weeks	
First-Generation (Typical)			
<i>chlorpromazine</i> (generic for Thorazine)	10–50 mg BID	200 mg BID	
<i>fluphenazine</i> (generic for Prolixin)	2.5–5 mg daily	10–20 mg daily	
<i>haloperidol</i> (generic for Haldol)	5 mg daily or divided BID or TID	10–15 mg (divided BID to TID)	
<i>loxapine</i> (generic for Loxitane)	10 mg BID	60–100 mg (divided 2 to 4 times/day)	
<i>perphenazine</i> (generic for Trilafon)	4 mg TID	24 mg (divided BID to TID)	
<i>thioridazine</i> (generic for Mellaril)	50–100 mg TID	100–150 mg BID	
<i>thiothixene</i> (generic for Navane)	2 mg TID	30 mg daily or divided BID to TID	
<i>trifluoperazine</i> (generic for Stelazine)	2–5 mg BID	20 mg daily or divided BID	
First-Generation (Typical) – Long-acting Injections			
<i>fluphenazine decanoate</i> (generic for Prolixin Decanoate)	12.5–25 mg IM or SQ every 1–4 weeks	50 mg IM or SQ every 1–4 weeks	
<i>haloperidol decanoate</i> (generic for Haldol Decanoate)	10–20 times total stable oral dose IM every 4 weeks	10–15 times total stable oral dose IM every 4 weeks	

SEDATIVES & HYPNOTICS

PREFERRED	Usual Bedtime Dosage for Insomnia	Comments/Suggestions
<i>estazolam</i> (generic for ProSom)	1–2 mg	<p><i>zolpidem</i> requires Step Therapy—Must have failed <i>temazepam</i> or <i>estazolam</i>; also has Quantity Limit = 31 tablets/31 days</p>
<i>temazepam</i> (generic for Restoril)	7.5–30 mg	
<i>trazodone</i> (generic for Desyrel)	50–100 mg	
<i>zolpidem</i> (generic for Ambien)	10 mg	

